

## How to Organize Headings in APA style Assignments

Title of your paper

This is an example of how you should organize headings in APA style papers and is based on the 6<sup>th</sup> edition APA citation manual. Please follow the example presented here. Use Times New Roman, size 12 font. The first paragraph of your paper is preceded by the title of your paper, centered at the top of the page (not bolded). The first paragraph is an introduction which should include some historical or background information on your topic. This should be followed by your purpose statement, thesis, or the research question that you are trying to answer. Please note, you should not use the heading “introduction” before the introduction. You are to use the title of your paper.

### Literature Review

Level 1 Heading

#### Maternal Depression and Child Attachment

Level 2 Heading

The major parts of your paper are divided by Level 1 Headings. Topics, or major arguments within the body of your paper are divided by level 2 Headings (subheadings), and subsequently, topics within these are divided by Level 3 Headings (sub-sub headings). Level 2 Headings start at the left margin and are bolded. Paragraphs following Level 2 Headings are indented and start on the line below the heading, just as in the paragraph illustrated in this example.

Level 3 Heading

**Type of Depression.** Please note that the Level 3 Heading starts at the beginning of a tabbed paragraph, is bolded, and is immediately followed by the rest of the paragraph (there is no line space). Level 3 Headings are used to organize your major arguments into parts.

Please follow the example laid out in this paper when you are formatting the headings of your APA style papers.