



CLASS SCHEDULE

MON Nov 27	TUE Nov 28	WED Nov 29	THU Nov 30	FRI Dec 01
BODYPUMP® 5:00 am - 6:00 am Janet Yuba City	Cycle 5:00 am - 6:00 am Corey C. Yuba City	Ultimate Conditioning 5:00 am - 6:00 am Ginger S. Yuba City	Cycle 5:00 am - 6:00 am JENN Yuba City	BODYPUMP® 5:00 am - 6:00 am GLORIA Yuba City
Aqua Challenge 8:00 am - 9:00 am CELESTE Yuba City	Cycle 8:30 am - 9:30 am Elicia S. Yuba City	Aqua Challenge 8:00 am - 9:00 am CELESTE Yuba City	Cycle 8:30 am - 9:30 am Elicia S. Yuba City	Aqua Fit 8:00 am - 9:00 am Ginger S. Yuba City
Cycle 8:30 am - 9:30 am Regina Yuba City	Aqua Fit 9:00 am - 10:00 am CELESTE Yuba City	Cycle 8:30 am - 9:30 am Regina Yuba City	Aqua Fit 9:00 am - 10:00 am CELESTE Yuba City	Cycle 8:30 am - 9:30 am Regina Yuba City
U-Jam Fitness® 9:00 am - 10:00 am Antonietta H. Yuba City	BODYPUMP® 9:00 am - 10:00 am Regina Yuba City	Aqua Fit 9:00 am - 10:00 am Ginger S. Yuba City	BODYPUMP® 9:00 am - 10:00 am Regina Yuba City	Aqua Fit 9:00 am - 10:00 am Ginger S. Yuba City

Aqua Fit

9:00 am - 10:00 am

CELESTE

Yuba City**Zumba®**

10:00 am - 11:00 am

BLANCA

Yuba City**U-Jam Fitness®**

9:00 am - 10:00 am

Jackie

Yuba City**Zumba®**

10:00 am - 11:00 am

BLANCA

Yuba City**Insanity**

9:00 am - 10:00 am

MONICA

Yuba City**Core Conditioning**

10:00 am - 11:00 am

Ginger S.

Yuba City**Easy Does It**

11:00 am - 12:00 pm

CELESTE

Yuba City**Ultimate Conditioning**

10:00 am - 11:00 am

Ande

Yuba City**Easy Does It**

11:00 am - 12:00 pm

Ginger S.

Yuba City**PiYo**

10:00 am - 11:00 am

BETHANY

Yuba City**Zumba® Gold**

11:00 am - 12:00 pm

CECILIA

Yuba City**Zumba® Kids**

4:15 pm - 5:15 pm

CECILIA

Yuba City**Zumba® Gold**

11:00 am - 12:00 pm

CECILIA

Yuba City**Zumba® Kids**

4:15 pm - 5:15 pm

CECILIA

Yuba City**Zumba®**

11:00 am - 12:00 pm

SELE

Yuba City**Insanity**

12:00 pm - 1:00 pm

MONICA

Yuba City**Cycle**

5:30 pm - 6:30 pm

MONICA

Yuba City**Yoga**

12:00 pm - 1:00 pm

Ande

Yuba City**Zumba® Toning**

5:30 pm - 6:30 pm

DAMIAN

Yuba City**BODYPUMP®**

4:30 pm - 5:30 pm

Regina

Yuba City**U-Jam Fitness®**

4:30 pm - 5:30 pm

Jackie

Yuba City**Zumba®**

5:30 pm - 6:30 pm

DAMIAN

Yuba City**BODYPUMP®**

4:30 pm - 5:30 pm

Irene A.

Yuba City**Cycle**

5:30 pm - 6:30 pm

ANGIE

Yuba City**Zumba®**

5:30 pm - 6:30 pm

SONIA

Yuba City

BODYPUMP®

5:30 pm - 6:30 pm

GLORIA

Yuba City**Aqua Zumba®**

6:00 pm - 7:00 pm

SONIA

Yuba City**Cycle**

5:30 pm - 6:30 pm

Irene A.

Yuba City**Aqua Zumba®**

6:00 pm - 7:00 pm

CECILIA

Yuba City**Cycle**

5:30 pm - 6:30 pm

Steph

Yuba City**Guts & Butts**

6:30 pm - 7:30 pm

MONICA

Yuba City**Zumba®**

5:30 pm - 6:30 pm

BLANCA

Yuba City**BODYPUMP®**

6:30 pm - 7:30 pm

Irene A.

Yuba City**Aqua Tone**

6:00 pm - 7:00 pm

KAREN

Yuba City**Yoga**

7:30 pm - 8:30 pm

Irene A.

Yuba City**Aqua Tone**

6:00 pm - 7:00 pm

KAREN

Yuba City**Yoga**

7:30 pm - 8:30 pm

Irene A.

Yuba City**Zumba®**

6:30 pm - 7:30 pm

SONIA

Yuba City**Insanity**

6:30 pm - 7:30 pm

MONICA

Yuba City**PiYo**

7:30 pm - 8:30 pm

BETHANY

Yuba City**U-Jam Fitness®**

7:30 pm - 8:30 pm

Antonietta H.

Yuba City