

Name Jeffery MorseDate 10 / 28 / 12

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 Grades
EVALUATION FORM III

Complete the self-evaluation below. Leave those elements blank that are basically correct; use + for very good elements and - for those that need improving.

Posture—Arm/Hand Positioning

<u> </u>	<u> </u>	proper foot position	<u> </u>	<u> </u>	upper arm forward
<u> </u>	<u> </u>	knees relaxed	<u> </u>	<u> </u>	elbow lifted
<u> </u>	<u> </u>	straight spine	<u> </u>	<u> </u>	forearm—upper arm angle
<u> </u>	<u> </u>	sternum up	<u> </u>	<u> </u>	forearm extended
<u> </u>	<u> </u>	shoulders back/down	<u> </u>	<u> </u>	proper hand position
<u>++</u>	<u>--</u>	head high	<u> </u>	<u> </u>	fingers naturally curved

Preparation

<u> </u>	<u> </u>	mental set	<u>--</u>	<u> </u>	correct tempo
<u>+</u>	<u> </u>	group scan	<u>--</u>	<u>++</u>	correct dynamic level
<u>--</u>	<u>--</u>	smooth preparatory gesture	<u>++</u>	<u> </u>	correct articulation
<u>--</u>	<u>++</u>	rhythmic breathing motion	<u>--</u>	<u> </u>	clear ictus
<u> </u>	<u>--</u>	eye contact	<u>--</u>	<u> </u>	confident and assuring demeanor

Patterns and Releases

<u> </u>	<u> </u>	vertical plane location	<u>++</u>	<u> </u>	pattern clarity
<u> </u>	<u> </u>	vertical plane amplitude	<u>--</u>	<u> </u>	internal releases
<u> </u>	<u> </u>	horizontal plane location	<u>--</u>	<u> </u>	final release
<u> </u>	<u> </u>	horizontal breadth	<u>--</u>	<u>--</u>	release preparation
<u> </u>	<u> </u>	clear ictus on each beat	<u> </u>	<u> </u>	communication

++Right Hand**Baton Grip and Use**

<u> </u>	<u> </u>	proper contact points	<u>--</u>	<u> </u>	baton on vertical plane
<u> </u>	<u> </u>	natural curve of fingers	<u> </u>	<u>--</u>	ictus at baton tip
<u>++</u>	<u> </u>	correct direction of baton	<u> </u>	<u> </u>	ictus on horizontal plane

Evaluation Summary. Summarize your conducting evaluation in narrative form. Write one paragraph summarizing the positive elements of your conducting and one paragraph on those elements that need improving.

Summarize positive elements:

song one. I noticed that the head nod was gone. Group scan was good I had good articulation, looked like a bouncing ball to me. The baton direction was good and the pattern was good.

Song two. Rhythmic breathing was very good, i thought it was very clear. The dynamic levels were also very clear, I had a correct pattern and I thought my right hand dynamics to be very good for the first time in a video.

Generally i see that i am getting more comfortable finally, and that the baton movement is getting better. i also see an improvement in action, less shoulder more elbow over all.

Summarize those elements in need of improvement:

Song one the preparatory gesture was too smooth, and it was hard to tell when to begin the song, so everyone came in late. there was no breathing in this everybody suffocated. tempo was off I was following the music instead of leading it. dynamic levels were non existent. The ictus was not quick enough. My demeanor was not commanding. however the worst part was the release, there was no internal release release preparation and the final release was wrong.

Song two, my head nod is back again. preparatory gesture needs improvement. eye contact suffered when i looked down at the sheet music too much. Ictus seemed a little too legato, and the baton tip didnt seem to be the focus of the pattern.