1. **Sub-Saharan Africa**
2. **Africa Map**
3. **Background Preparation**
4. **African Beliefs**
5. **African Music Principles**
6. **Ghana**
7. **Arrival: Ghana**
8. **Site 1: Polyrhythmic Ensemble**
9. **Polyrhythm**
10. **Cultural Considerations**
11. **Site 2: "Talking" Drums**
12. **Cultural Considerations**
13. **Site 3: Palm Wine "Highlife" Song**
14. **Cultural Considerations**
15. **Central Africa**
16. **Arrival: Democratic Republic of the Congo**
17. **Site 4: Pygmy Music**
18. **Cultural Considerations**
19. **Zimbabwe**
20. **Arrival: Zimbabwe**
21. **Site 5: *Mbira dza vadzimu***
22. **Cultural Considerations**
23. **Uganda**
24. **Arrival: Uganda**
25. **Site 6: *Akadinda***
26. **Cultural Considerations**
27. **Senegal-Gambia**
28. **Arrival: Senegal-Gambia**
29. **Site 7: *Jali* with *Kora***
30. **Cultural Considerations**
31. **Republic of South Africa**
32. **Arrival: South Africa**
33. **Site 8: *Mbube* Vocal Choir**
34. **Cultural Considerations**